

Eligibility criteria for gastroscopy

Southern Cross will only reimburse the cost of a gastroscopy under a member's policy when at least **one** of the following criteria is met for that member.

1. At least **one** of the following signs or symptoms suggestive of a condition of the upper gastro intestinal tract is present:
 - unexplained anaemia
 - haematemesis or melaena
 - persistent indigestion
 - epigastric pain
 - persistent vomiting
 - dysphagia (difficulty in swallowing)
 - coeliac disease, or
 - laryngopharyngeal reflux.

2. At least **one** of the following conditions has previously been diagnosed and requires ongoing monitoring:
 - Barrett's oesophagus
 - hiatus hernia
 - oesophageal diverticulum or pouch
 - stomach or oesophageal cancer
 - gastric or duodenal ulcer
 - gastro-oesophageal reflux disease (GORD), or
 - gastro intestinal stromal tumour (GIST).

3. For diagnostic confirmation when at least **one** of the following apply:
 - an abnormal barium swallow or barium meal, or
 - a lesion seen on radiological study that requires biopsy.

4. For treatment of a previously diagnosed condition when at least **one** of the following apply:
 - dilatation or stenting of an oesophageal or gastric stricture, or
 - polypectomy for gastric polyps.