

Eligibility criteria for uvulopalatopharyngoplasty (UPPP)

Southern Cross will only reimburse the cost of the uvulopalatopharyngoplasty under a member's policy when criteria **1, 2 and 3** below are met for that member.

1. The patient has a diagnosis of obstructive sleep apnoea (OSA).
2. The diagnosis is made by either a respiratory physician, an otolaryngologist/ENT specialist.
3. The diagnosis is supported by documented evidence including a sleep study. The documented evidence must demonstrate at least **one** of the following:
 - apnoea-hypopnoea index (AHI) or desaturation index (DSI) of 15 or more per hour, or
 - AHI/DSI between 5-14 with at least **one** of the co-morbidities listed below:
 - excessive day time sleepiness
 - impaired cognition
 - mood disorders (eg depression, anxiety disorder, bipolar relating to sleep issue)
 - insomnia
 - documented hypertension
 - ischaemic heart disease, or
 - a history of stroke.