

Eligibility criteria for biofeedback and electrostimulation for faecal incontinence

Southern Cross will only reimburse the cost of biofeedback and electrostimulation for faecal incontinence under a member's policy when **all** of the following conditions below have been met for that member.

1. The following treatments have not significantly improved symptoms, including a reduction in faecal incontinence:
 - a. conservative medical treatment eg Loperamide
 - b. dietary counselling
 - c. pelvic floor exercises.

2. All of the following conditions have been excluded through clinical assessment and diagnostic tests:
 - a. rectal or vaginal prolapse
 - b. rectal cancer
 - c. inflammatory bowel disease
 - d. haemorrhoids
 - e. recto-vaginal fistula.