

Eligibility criteria for percutaneous medial branch thermal radiofrequency neurotomy - effective up to and including 20 September 2026

Southern Cross will only reimburse the cost of percutaneous medial branch thermal radiofrequency neurotomy under a member's policy when criteria **1 and 2** below are met for that member.

1. Severe pain that limits one or more activities of daily living (feeding, toileting, dressing, washing, mobility and transferring), and has been present for at least 6 months.
2. The test spinal block of the medial nerve has shown relief of the index pain on at least two separate tests using different anaesthetic agents.

Please also ensure you are familiar with all **policy exclusions**, including:

- Acute care
- Congenital conditions
- Cosmetic treatment/procedures
- Health screening
- Treatment of any condition not detrimental to health
- Unapproved healthcare services.

Refer to the relevant policy document for specific conditions and exceptions that apply to these exclusions.