

Eligibility criteria for blepharoplasty and/or ptosis repair – effective from 1 April 2026

Southern Cross will only reimburse the cost of blepharoplasty and/or ptosis repair under a member's policy when criteria **1 and 2** are met for that member.

1. Effective Margin Reflex Distance (MRD1) \leq 2mm
 - “Effective” refers to eyelid or overhanging skin, whichever is lower, and then defines the primary surgery performed.
 - MRD1 done with light reflex at centre of pupil (with retained photographic evidence).
2. Documentation that eyelid pathology is interfering with driving or causing significant impairment in activities of daily living AND is considered correctable by surgical intervention.

All supporting documentation, including the clinical rationale, must be retained for audit purposes to demonstrate compliance with the above criteria. This includes providing photographic evidence where required.

Please also ensure you are familiar with all **policy exclusions**, including:

- Acute care
- Congenital conditions
- Cosmetic treatment/procedures
- Health screening
- Treatment of any condition not detrimental to health
- Unapproved healthcare services.

Refer to the relevant policy document for specific conditions and exceptions that apply to these exclusions.