

Eligibility criteria for breast screening ultrasounds for dense breast tissue – effective from 1 April 2026

Southern Cross will only reimburse the cost of screening breast ultrasounds for dense breast tissue under a member's policy when criteria **1 and 2** are met for that member.

1. Dense breast tissue (BI-RADS category C or D) has been confirmed by mammography or MRI.
2. Mammography alone is considered insufficient due to reduced sensitivity from confirmed breast density, as documented by the reporting radiologist.

These criteria apply to screening ultrasound only and do not restrict access to diagnostic breast imaging where clinically indicated.

Supporting documentation must be retained for audit purposes and should include relevant radiological reports where appropriate.

The cost of breast screening ultrasounds for dense breast tissue will **not** be reimbursed in the following circumstance:

- screening MRI.

Please also ensure you are familiar with all **policy exclusions**, including:

- Acute care
- Congenital conditions
- Cosmetic treatment/procedures
- Health screening
- Treatment of any condition not detrimental to health
- Unapproved healthcare services.

Refer to the relevant policy document for specific conditions and exceptions that apply to these exclusions.