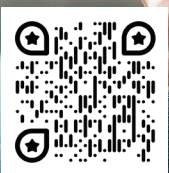


Your health is a priority



Southern Cross members have access to these free of charge benefits of membership*:

- Online GP and nurse consults with CareHQ when booked through the MySouthernCross app**
- Three online mental health sessions with Raise each claims year**
- An annual health check with MedPro (for members aged 16 and over) each claims year.**



*Subject to change. Terms and conditions apply. CareHQ nurse consults available 9am-5pm Sunday-Friday. CareHQ health coaching consults not included. **For more information got to: southerncross.co.nz/benefits

2229/1025



**Southern Cross
Health Insurance**

With you