

Wellbeing One

Benefit summary



Wellbeing One provides cover for cancer care, surgical treatment and Specialist consultations, diagnostic imaging and tests within 6 months of related eligible surgical treatment.

TAILORING YOUR COVER

You can add the Keeping Well Module* (GP, vision, dental and other benefits) and Body Care Module (preventative, allied and natural healthcare services). Day-to-day Module* and Vision and Dental Module*. To help reduce your premiums, you can apply an excess.

*Day-to-day and Vision and Dental modules cannot be held with the Keeping Well Module.
Effective from 18 January 2021 unless otherwise stated.

Chemotherapy for cancer benefits and associated terms and conditions effective from 9 November 2020.
Day-to-day Module, Vision and Dental Module and associated terms and conditions effective from 9 November 2020.

Example of benefits under Wellbeing One

These are **some of the benefits** that Wellbeing One offers. For more details on the benefits and maximums for this policy, and any exclusions or conditions that may apply, download a policy document from southerncross.co.nz/plans or contact us.

BENEFITS		Wellbeing One
		We will pay 100% of expenses (unless otherwise stated) for eligible healthcare services based on reasonable charges, up to the below policy limits.* Eligibility criteria may apply and some procedures are Affiliated Provider only. Refer to the policy document for details.
CHEMOTHERAPY FOR CANCER excess applies		
Effective 9 November 2020		
Chemotherapy for cancer (Base)		\$60,000 per claims year for Pharmac approved chemotherapy drugs. Maximum also includes \$10,000 per claims year for non-Pharmac approved Medsafe indicated chemotherapy drugs. Must be performed by an Affiliated Provider
Cancer Cover Plus - Optional chemotherapy for cancer upgrades		
You can choose to upgrade your chemotherapy for cancer benefit from the base cover set out above. If you do not upgrade, Chemotherapy for cancer (Base) will apply.		
Chemotherapy 100		\$100,000 per claims year for Pharmac approved chemotherapy drugs and non-Pharmac approved Medsafe indicated chemotherapy drug. Must be performed by an Affiliated Provider
Chemotherapy 300		\$300,000 per claims year for Pharmac approved chemotherapy drugs and non-Pharmac approved Medsafe indicated chemotherapy drugs. Must be performed by an Affiliated Provider
RADIOTHERAPY excess applies		
Radiotherapy		Unlimited. Must be performed by an Affiliated Provider
SURGICAL TREATMENT excess applies		
Surgical procedures		Unlimited (prostheses maximums apply). Refer to the policy document for the surgical procedures that must be performed by an Affiliated Provider
Skin surgery under general anaesthetic or sedation, and Mohs		Refunded as per surgical procedures. Must be performed by an Affiliated Provider
Skin surgery with local or no anaesthetic		\$5,000 per claims year. Includes \$1,000 per claims year when performed by a GP. Must be performed by an Affiliated Provider or General Practitioner. Includes all consultations related to skin lesions
GP minor surgery		\$1,000 per claims year. Excludes consultations and skin lesion services
SURGICAL ALLOWANCES excess applies		
Post mastectomy allowance to achieve breast symmetry		\$6,500 per lifetime. Specialist consultations and diagnostic imaging must be performed by an Affiliated Provider
Overseas treatment allowance		\$30,000 per claims year
RECOVERY excess applies. Must be within 6 months of related eligible surgical treatment, chemotherapy or radiotherapy		
Post-operative home nursing		\$175 per day, up to \$2,800 per claims year
Post-operative physiotherapy		\$60 per visit, up to \$300 per claims year
Post-operative speech and language therapy		\$70 per visit, up to \$350 per claims year
SUPPORT		
Ambulance allowance		\$180 per claims year
Travel and accommodation allowance		\$500 per claims year
Parent accommodation allowance		\$100 per night, up to \$500 per operation
Accident and treatment injury top-up		For accident or treatment injury related healthcare services where ACC have not provided full cover, Southern Cross will provide cover under the applicable benefit and associated annual limits and terms and conditions of cover will apply. We will refund up to 100% of the remaining balance of the eligible healthcare service, after the ACC contribution has been deducted

*See the chart in your policy document for how your refund will be calculated.

DIAGNOSTIC IMAGING AND TESTS must be within 6 months of related eligible surgical treatment, chemotherapy or radiotherapy

	\$60,000 per claims year (in total). Must be performed by an Affiliated Provider
Cardiac tests	\$5,000 per claims year. Must be performed by an Affiliated Provider. Refer to the policy document for a full list of cardiac tests that are covered
Diagnostic tests	\$3,000 per claims year. Refer to the policy document for the diagnostic tests that must be performed by an Affiliated Provider and for a full list of diagnostic tests that are covered

CONSULTATIONS must be within 6 months of related eligible surgical treatment, chemotherapy or radiotherapy

Specialist consultations	\$5,000 per claims year, 6 month rule does not apply to oncologist and radiation oncologist consultations. Excludes psychiatrist and all skin lesion consultations. Must be performed by an Affiliated Provider
Psychiatrist consultation	\$750 per claims year. Not subject to the 6 month rule. Must be performed by an Affiliated Provider
Dietitian consultations	\$100 per consultation, up to \$500 per claims year

NON-SURGICAL TREATMENT excess applies (except for allergy services and IV infusions)

IV infusions (non-cancer)	\$750 per claims year. For IV infusions of Medsafe indicated drugs provided by or under the care of a Specialist in an approved facility. Excludes consultations and the cost of non-Pharmac approved drugs
Psychiatric hospitalisation	\$3,500 per claims year
Allergy services	\$750 per claims year (excess does not apply). Must be performed by or under the care of an Affiliated Provider or a General Practitioner with an Easy-claim agreement with us

AFTER 3 YEARS CONTINUOUS COVER excess applies

Gastric banding/bypass allowance	\$7,500 per lifetime. Specialist consultations and diagnostic imaging must be performed by an Affiliated Provider
Bilateral breast reduction allowance	\$5,000 per lifetime. Specialist consultations and diagnostic imaging must be performed by an Affiliated Provider
Prophylactic treatment allowance	\$40,000 per lifetime. Specialist consultations and diagnostic imaging must be performed by an Affiliated Provider
Palliative care and treatment allowance	\$2,400 per claims year (excess does not apply)

*See the chart in your policy document for how your refund will be calculated.

Exclusions

No reimbursement or payment shall be made for any costs incurred in relation to, or as a consequence of, any of the following:

- **Pre-existing conditions** including but not limited to those conditions specifically set out in your **Membership Certificate**;
- **Unapproved healthcare services** which are specific **drugs**, devices, techniques, tests and/or other **healthcare services** that have not been approved by Southern Cross prior to treatment. Please see the list of **unapproved healthcare services** at southerncross.co.nz/unapprovedservices;
- **Acute care**;
- Appliances or equipment (surgical, medical or dental) for example CPAP machines, cochlear implants, nerve stimulators, orthotics, crutches;
- Breast reduction except as specifically provided by the bilateral breast reduction **allowance**;
- Chronic conditions; cystic fibrosis, polycystic kidney, marfans syndrome, Loeys-Dietz syndrome, spina bifida, scoliosis, kyphosis, pectus excavatum and pectus carinatum;
- **Congenital conditions** except for umbilical hernia, inguinal hernia, undescended testes, hydrocele, tongue tie, phimosis and squint;
- Contraception or insertion/removal of intrauterine devices except when used for medical reasons and approved by us prior to treatment;
- Correction of refractive visual errors or astigmatism by surgery, surgically implanted intraocular lens(es), or laser treatment;
- **Cosmetic treatment/procedures**;
- Dementia;
- Diagnosis, management and treatment of developmental or congenital abnormalities of the facial skeleton and associated structures;
- Extraction of teeth except as specifically provided by extraction of unerupted or impacted teeth (under oral and maxillofacial in Affiliated Provider surgical treatment) benefit, or by the Keeping Well and Vision and Dental modules;
- **Family history of cancer** in relation to **Cancer Cover Plus**;
- Gender reassignment surgery and directly related **healthcare services**;
- Gynaecomastia;
- **Health screening** except as specifically provided by mammography (under diagnostic imaging) and colonoscopy (under gastroenterology in **Affiliated Provider** surgical procedures) benefits;
- **Healthcare services** performed by a dentist, periodontist, endodontist or orthodontist except as specifically provided by the Keeping Well and Vision and Dental modules;
- **Healthcare services** provided at a public facility directly or indirectly controlled by a **DHB** unless specifically accepted in writing by **Southern Cross** prior to treatment;
- **Healthcare services** provided by a person who is not a **health services provider** as defined on page 36 of the **policy** document;

Exclusions continued

- **Healthcare services** provided in relation to, or as a consequence of, any **accident** or **treatment injury** except as specifically provided by the **accident** and **treatment injury** top-up in the **Coverage Tables** set out in section 06 of the **policy document**;
- **Healthcare services** provided outside New Zealand except as specifically provided by the overseas treatment **allowance**;
- **Healthcare services** relating to the management and treatment of snoring and/or upper airways resistance;
- **Healthcare services** that are not **approved treatment**;
- **Healthcare services** using technology such as digital computer images to aid in the monitoring and diagnosis of skin cancers and other skin lesions for example, mole mapping;
- Hospital charges of a personal convenience nature for example, newspapers, spouse/family meals, alcohol, TV rental;
- Implantation of teeth and/or titanium dental implants except as specifically provided by the Keeping Well and Vision and Dental modules;
- Infertility or assisted reproduction;
- Injury, illness, condition or disability arising from, or caused or contributed to by, substance abuse, intoxication or drug taking whether prescribed or recreational;
- Injury or disability suffered as a result of war or any act of war, declared or undeclared, or of active duty in the military, naval or air forces of any country or international authority, or as a direct or indirect result of terrorism;
- **Long term care** including geriatric in-patient care and **disability support services**;
- Maintenance examinations, medical check-ups (except as specifically provided by the annual health check on the Day-to-day Module) or any examination required for a third party (including preparation of reports) for example physical examinations for life insurance, travel insurance and driver licence;
- Mental health **healthcare services** except as specifically provided by the psychiatrist consultation and psychiatric hospitalisation benefits and the clinical psychologist benefit under the Keeping Well Module;
- Organ transplants, transfusions/injections of autologous blood/ blood products (except cell-saver when related to **eligible** surgical treatment), autologous chondrocyte implantations and stem cell transplants, including related expenses for both donors and recipients;
- Pathology and laboratory tests except as specifically provided by the laboratory tests benefit;
- Pregnancy and childbirth except as specifically provided by the obstetrics **allowance**;
- **Prophylactic healthcare services** except as specifically provided by the prophylactic treatment **allowance**;
- Prostheses, specialised equipment and consumables or donor tissue preparation charges except as specifically listed in the **List of Prostheses and Specialised Equipment**;
- Respite and convalescent care;
- Robotic assisted surgery except as specifically provided by the robotic hysterectomy (including myomectomy, oophorectomy, salpingectomy and sacrocolpopexy), robotic sacrocolpopexy, robotic ventral hernia repair, robotic prostatectomy, robotic partial nephrectomy and transoral robotic surgery benefits;
- Self-inflicted illness or injury;
- Sterilisation or its reversal;
- Subsequent breast reconstruction surgery (including the replacement of **prostheses**) or symmetry surgery unless completed within 2 years of the first **eligible** breast reconstruction surgery (following an **eligible** mastectomy);
- Surgery designed to assist or allow the implementation of orthodontic **healthcare services** except as specifically provided by the Keeping Well and Vision and Dental modules;
- Surgically implanted lens(es) other than monofocal lens(es);
- Termination of pregnancy;
- Treatment of HIV;
- Treatment of obesity including weight loss surgery, except as specifically provided by the gastric banding/ bypass **allowance**;
- Treatment of any condition not **detrimental to health** except as specifically provided by the Keeping Well and Day-to-day modules;
- Vaccinations except as specifically provided by the Keeping Well and Day-to-day modules.

TERMS AND CONDITIONS

All dollar figures include GST.

Claims year - This is not a calendar year, but each successive 12 month period from your claims anniversary date. Claims fall into the period based on the date of treatment, not the date of the claim or receipt.

Other terms and conditions (including limitations and exclusions) apply. This benefit summary should be read in conjunction with the policy document which is available on request.

Interested in joining?

Call **0800 100 777**, or if your employer has a work scheme call **0800 438 268**.

For a free quote, visit

southerncross.co.nz/society/quote

Apply online at

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For member queries, please call **0800 800 181**.



**Southern Cross
Health Insurance**