

First Cover Plan 2 Plus

Schedule of Benefits

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The legume family, which includes peas, is the vegetarian's best friend. Protein, minerals, fibre – you get them all.

This Policy provides 80% reimbursement of expenses (unless otherwise stated) for Approved Treatment based on Reasonable Charges, up to the Policy Limits stated below. This Policy also includes reimbursement for consultations with specified medical Specialists and expenses associated with diagnostic tests and imaging. Note that all Policy Limits include GST.



This Schedule of Benefits should be read together with the List of Prostheses and Specialised Equipment and Terms and Conditions of Insurance, which are available at southerncross.co.nz/plans or by calling Southern Cross on 0800 800 181. Eligibility Criteria may apply to some procedures, please refer to southerncross.co.nz/eligibilitycriteria.

Where capitalised terms are used in this Schedule of Benefits, it means that the word has a special medical or legal meaning set out in the Terms and Conditions of Insurance.

SURGICAL AND MEDICAL TREATMENT

Eligibility Criteria may apply.

Surgical Procedures

Surgery performed by a Specialist or Affiliated Provider in an Approved Facility.

Surgeon fees, anaesthetist fees, intensivist fees

Hospital Fees

MAXIMUM PAYABLE PER PERSON

Unlimited

Surgically implanted Prostheses and specialised equipment

There is no cover for any costs relating to the implantation of teeth including any cost relating to titanium dental implants.

Maximums apply. Refer to the List of Prostheses and Specialised Equipment.

Cardiac Surgery

Cardiac surgery performed by a Specialist or Affiliated Provider in an Approved Facility.

Surgeon fees, anaesthetist fees, intensivist fees

Perfusionist fees – including bypass machine supplies and off-bypass cardiac stabilisation consumables.

Hospital Fees

Unlimited

Surgically implanted Prostheses and specialised equipment

Maximums apply. Refer to the List of Prostheses and Specialised Equipment.

AFFILIATED PROVIDER ONLY SURGICAL TREATMENT

The following surgical treatments must be performed by an Affiliated Provider to be eligible for cover under this Policy. Unless advised otherwise by Southern Cross and/or the Affiliated Provider, Southern Cross will pay 80% of the amount charged up to Policy Limits. To receive cover the surgical treatment must meet applicable Eligibility Criteria. Please be aware that not all surgical treatments are available from all Affiliated Providers or in all areas.

Bone lesions

Radiofrequency ablation of benign bone lesions.

Cardiac surgery

Coronary artery bypass graft surgery (CABG), valve replacement, Bentalls procedure, valvuloplasty.

Carpal tunnel release

Catheter based cardiology procedures

Coronary angiogram and/or angioplasty, electrophysiology studies and ablation of cardiac arrhythmias, percutaneous patent foramen ovale (PFO) closure and percutaneous atrial septal defect (ASD) closure.

Cholecystectomy

Corneal crosslinking

CT coronary angiogram

On referral by a Specialist in private practice.

Ear, nose and throat surgery

Adenoidectomy, balloon sinuplasty, endoscopic modified Lothrop, insertion and/or removal of grommets in theatre, tonsillectomy, laser treatment for pharyngeal, laryngeal and oesophageal conditions.

Eye surgery

Vitrectomy, entropion and ectropion repair, upper eyelid blepharoplasty, ptosis, removal of tarsal cyst, probing/syringing of lacrimal passage, bleb needling, minor eyelid surgery, cataract surgery, excision of pterygium, excision of pinguecula.

Cataract surgery cover is limited to the surgical insertion of a standard monofocal intraocular lens only (there is no cover for the additional cost of any other type of surgically implanted intraocular lens or associated costs).

Gastrointestinal endoscopy

Gastroscopy, colonoscopy, balloon enteroscopy, wireless pH capsule and wireless capsule endoscopy.

Hernia repair

Femoral, hiatus, inguinal and umbilical hernia repair.

Hip joint replacement

Primary total hip joint replacement.

Intravitreal injections

Cover for Drug costs is limited to \$100 per injection regardless of the type of Drug used.

Knee joint replacement

Primary total knee joint replacement, primary partial (hemi) knee joint replacement.

Laparoscopic renal cryotherapy

Laser eye treatment

YAG laser capsulotomy, laser iridotomy, laser iridoplasty, laser trabeculoplasty, photocoagulation of the retina, pan retinal laser, macular laser.

Ligament repair

Synthetic ligament repair and reconstruction.

Minor skin surgery

Excision, biopsy, cryotherapy, curettage and diathermy of skin lesions without anaesthetic or under local anaesthetic up to \$7,500 per Claims Year. (Excludes Mohs surgery, see below.)

Mohs surgery

Includes cover for excision and closure.

Percutaneous medial branch thermal radiofrequency neurotomy

Cover is limited to two procedures per Lifetime.

Peripheral angiography

Peripheral angiogram and/or angioplasty.

Prostate treatment

Laparoscopic prostatectomy, prostate brachytherapy, external beam radiotherapy, prostate cryotherapy, radical retropubic prostatectomy, perineal prostatectomy, transurethral resection of prostate (TURP), open enucleation of prostate, laser resection of prostate and robotically assisted laparoscopic prostatectomy.

Robotic partial nephrectomy

Skin lesion removal

Excision, biopsy, cryotherapy, curettage and diathermy of skin lesions under general anaesthetic or IV sedation.

Tooth extraction

Treatment of faecal incontinence

Constrain biofeedback and electrostimulation for faecal incontinence, sacral nerve stimulation. No reimbursement will be made towards the cost of the stimulation device.

Varicose vein (legs)

Endovenous laser treatment, ultrasound guided sclerotherapy, varicose vein surgery, radiofrequency (RF) endovenous ablation and duplex vein mapping. Cover is limited to two Varicose Vein Procedures per leg per Lifetime.

Vascular malformation

Superficial vascular malformation sclerotherapy and embolisation – simple. Cover is limited to two procedures per vascular malformation per Lifetime.

Vasectomy

After two years of continuous cover. This benefit does not include reversals.

SURGICAL AND MEDICAL TREATMENT CONTINUED

Eligibility Criteria may apply.

MAXIMUM PAYABLE PER PERSON

Cancer Care

Chemotherapy

Must be performed by an Affiliated Provider. Unless advised otherwise by Southern Cross and/or the Affiliated Provider, Southern Cross will pay 80% of the amount charged up to the \$60,000 per Claims Year maximum. Please note that not all procedures are available from all Affiliated Providers or in all areas.

\$60,000 per Claims Year

Includes the cost of materials, Chemotherapy Drugs, hospital accommodation in a single room and Ancillary Hospital Charges. Also includes the cost of biologics and immunotherapy medicines for the treatment of cancer.

Maximum also includes reimbursement of 80% of the actual cost up to \$10,000 per Claims Year for non-Pharmac approved MedSafe indicated chemotherapy drugs.

Radiotherapy

Must be performed by an Affiliated Provider. Unless advised otherwise by Southern Cross and/or the Affiliated Provider, Southern Cross will pay 80% of the amount charged. Please note not all procedures are available from all Affiliated Providers or in all areas, and that a limited range of radiotherapy treatments are funded. This benefit is inclusive of any radiotherapy planning and radiation treatment (does not include cover for initial or follow-up Specialist consultations, Drugs, other Healthcare Services, or follow-up imaging).

Home Nursing

Post-operative nursing commencing within 14 days of related surgery and performed by a Nurse on the referral of a Specialist in private practice.

\$175 per day
up to \$2,800 per Claims Year

Post-operative physiotherapy

Treatment by a physiotherapist registered with the Physiotherapy Board of New Zealand. Includes cover for treatment by a hand therapist registered with the New Zealand Association of Hand Therapists. Must be performed within six months after related eligible surgery.

\$60 per visit
up to \$300 per Claims Year

Post-operative speech and language therapy

Post-operative treatment must be performed within six months after related eligible surgery and performed by a qualified speech and language therapist who is a member of the New Zealand Speech-language Therapists' Association on the referral of a Specialist in private practice.

\$70 per visit
up to \$350 per Claims Year

Overseas treatment

Reimbursement of medical expenses for Approved Treatment not available in the public or private sector within New Zealand. The treatment must be recommended by a Specialist. Southern Cross must approve the treatment based on a medical report the member provides before treatment takes place. Ordinary Policy Exclusions apply. No reimbursement for accommodation or travel.

\$10,000 per Claims Year

Non-surgical hospitalisation

For non-surgical treatment in a hospital performed by or on referral by a Specialist or Affiliated Provider in private practice and in an Approved Facility. Includes hospital accommodation (single room, excludes suites) and Ancillary Hospital Charges (does not include cover for consultations, imaging and tests). Excludes Long Term Care, rehabilitation, geriatric care, hospice and psychiatric hospitalisation.

\$60,000 per Claims Year

Psychiatric hospitalisation

For admission and care by a Specialist vocationally registered in psychiatry in an Approved Facility.

\$330 per night
\$200 for Ancillary Hospital Charges
\$1,650 per admission
(including accommodation, Drugs ancillary)

Minor surgery

Performed by a General Practitioner, including removal of cysts, skin lesions and ingrown toenails.

\$450 per Operation

Post mastectomy Allowance to achieve breast symmetry

Payable on receipt of a medical report by a Specialist prior to surgery.

\$2,500 one-off payment per
Lifetime

Loyalty benefits

Sterilisation

After two years of continuous cover. Does not include reversals. A vasectomy must be performed by an Affiliated Provider to be eligible for cover under this Policy.

Surgery reimbursement levels
apply

Bilateral breast reduction Allowance

After three years of continuous cover. Payable on receipt of a medical report by a Specialist prior to surgery (this Allowance also includes any subsequent treatment that may be required).

\$5,000 one-off payment

Gastric banding/bypass Allowance

After three years of continuous cover. Payable on receipt of a medical report by a Specialist prior to surgery (this Allowance also includes any subsequent treatment that may be required).

\$7,500 one-off payment

Allergy services

Provided by or under the care of an Affiliated Provider. Cover for allergy related Healthcare Services including allergy testing and desensitisation. Excludes the cost of non-Pharmac approved drugs.

\$750 per Claims Year

Obstetrics

After one year of continuous cover, reimbursement for obstetric care carried out by a Specialist vocationally registered in obstetrics and gynaecology or anaesthesia, and/or for accommodation in an Approved Facility.

\$1,500 per Policy per Claims Year

OTHER BENEFITS

MAXIMUM PAYABLE PER PERSON

Public hospital cover

Public hospital

If specifically accepted in writing by Southern Cross prior to treatment, treatment in a District Health Board (DHB) facility or under the direct or indirect control of a DHB will be covered up to the stated maximums in this Policy.

Public hospital – cash grant

For overnight admissions in a public facility. A copy of the hospital discharge summary must accompany the claim. Note: The above cash grants do not apply if the treatment in the DHB facility is reimbursed under another section of this Policy.

\$50 per night
up to \$2,400 per Claims Year

Hospice cover

For overnight admissions.

Child

\$25 per night
up to \$250 per admission
up to \$1,200 per Claims Year

Adult

\$50 per night
up to \$500 per admission
up to \$2,400 per Claims Year

Waiver of premium

Upon the death of the Policyholder from a cause other than an Accident before age 60, the surviving Dependents will continue to qualify for the cover provided by the existing Policy free of charge for 24 months, from the date of the Policyholder's death.

Parent accommodation Allowance

For hospital accommodation expenses incurred by a parent when accompanying a Dependant Child. Both parent and Child must be listed on the Membership Certificate. Accommodation must be in an Approved Facility.

\$100 per day
\$500 per Operation

Travel and accommodation Allowance

When private treatment is not available in the member's home town or city and the member has to travel more than 100km from home to receive an eligible Healthcare Service. Payable to cover the person covered by the Policy receiving the eligible Healthcare Service and a support person. Payable for public transport costs (includes buses, trains, taxis, shuttles, planes and ferries) and hotel/motel rooms within New Zealand only. No cover for car hire, mileage or petrol costs.

\$500 per Claims Year

Accident and Treatment Injury cover

If ACC refuses to cover the cost of treatment in a Certified Private Facility or in the event that the member's ACC refunds are less than those that apply for non-Accident or non-Treatment Injury conditions under this Policy, Southern Cross may make up the difference, if any, between the ACC contribution to the cost of treatment and the maximum payable under this Policy. The total refunded by Southern Cross, together with the payment made by ACC will not exceed the maximum payable under this Policy.

SPECIALISTS AND TESTS

Eligibility Criteria may apply.

MAXIMUM PAYABLE PER PERSON

Imaging

Performed at an Approved Facility

X-rays includes x-rays performed by an Oral Surgeon. Excludes x-rays performed by a dentist.

Ultrasounds excludes obstetrics and varicose vein (legs) treatment.

Nuclear scanning (scintigraphy)

Myocardial perfusion scan must be referred by a Specialist in private practice.

\$60,000 per Claims Year (in total)

IMAGING THAT MUST BE PERFORMED BY AN AFFILIATED PROVIDER

The following imaging must be performed by an Affiliated Provider and meet applicable Eligibility Criteria. Unless advised otherwise by Southern Cross and/or the Affiliated Provider, Southern Cross will pay 80% of the amount charged up to the \$60,000 per Claims Year (in total) as listed above. Please be aware that not all procedures are available from all Affiliated Providers or in all areas.

Mammography

CT angiogram

MR angiogram must be referred by a Specialist in private practice.

Computed Axial Tomography (CT scan) Cone Beam Computed Tomography (CBCT) must be referred by a Specialist in private practice.

Magnetic Resonance Imaging (MRI scan) must be referred by a Specialist in private practice.

Positron Emission Tomography / Computed Tomography (PET/CT) must be referred by a Specialist in private practice. Cover is limited to specific diagnosed cancers.

SPECIALISTS AND TESTS CONTINUED

Eligibility Criteria may apply.

MAXIMUM PAYABLE PER PERSON

Tests

On referral by a Specialist in private practice and in an Approved Facility.

Cardiac tests

\$5,000 per Claims Year (in total)

Diagnostic tests

\$3,000 per Claims Year (in total)

TESTS THAT MUST BE PERFORMED BY AN AFFILIATED PROVIDER

The following tests must be performed by an Affiliated Provider and meet applicable Eligibility Criteria. Unless advised otherwise by Southern Cross and/or the Affiliated Provider, Southern Cross will pay 80% of the amount charged up to the per Claims Year maximum (in total) listed above. Please be aware that not all procedures are available from all Affiliated Providers or in all areas.

Cardiac tests

Advanced Electrocardiogram (A-ECG)

Diagnostic tests

Optical Coherence Tomography

Heidelberg Retinal Tomography (HRT)

GDx Retinal scanning

Fundus fluorescein angiography

Fundus photography

Visual fields

Corneal topography

Retinal photography

Optic disc photos

Matrix screen

Intraocular pressure test (IOP)

Audiology consultations

\$200 per Claims Year

Performed by an audiologist registered with the New Zealand Audiological Society.

Hearing tests

\$210 per Claims Year

Including puretone, audiometry, impedance, tympanometry and brain stem evoked responses.

Laboratory tests

\$70 per Claims Year

Performed for diagnostic purposes but not funded by a government agency. Performed by an accredited hospital, community based or regional referral laboratory approved by International Accreditation New Zealand.

Specialist consultations

\$5,000 per Claims Year (in total)

Consultations with a Specialist or Affiliated Provider. Excludes psychiatrist consultations.

Ophthalmologist, allergy and medical oncology consultations must be with an Affiliated Provider.

Psychiatrist consultations

\$200 per Claims Year

Consultations with a Specialist vocationally registered in psychiatry.

Dietitian consultations

\$100 per consultation

Treatment by a dietitian registered with the New Zealand Dietitian Board. On referral by a Specialist in private practice. up to \$500 per Claims Year

GENERAL MEDICAL

MAXIMUM PAYABLE PER PERSON

Doctor visits

3 consultations per Claims Year

Clinic, home or after hours consultation with a General Practitioner or Nurse.

\$50 per consultation

Prescriptions

\$100 per Claims Year

Charges for prescription Drugs prescribed by a General Practitioner, Specialist or Nurse.

