

## Your dental benefit

Southern Cross Health Society offers a number of plans which contain a dental benefit. Your policy document will state whether or not a dental benefit applies and the maximum amount payable. Only some dental treatments are covered by this benefit so please contact us to confirm your eligibility and cover for specific procedures or treatments.

The following **providers** are covered under Southern Cross' dental benefit:

- Registered dental practitioner
- Registered Oral Surgeon performing dental treatment
- Dental technicians
- Dental hygienists
- Dental surgeons
- Anaesthetist fees and theatre fees for dental treatment
- Endodontists, periodontists, paedodontists and orthodontists
- Dental treatment performed at a private A & E Clinic
- Registered dental practitioners and registered Oral Surgeons working at the University of Otago Dental School.

The following **treatments** are covered under Southern Cross' dental benefit:

- extraction of teeth performed by a registered dental practitioner
- root canals and root fillings
- the purchase of new dentures is covered under the dental benefit. This also includes denture repair/bridgework

- X-rays on a dental practitioner's account
- fissure seals, dental crowns
- bite splints by a dentist, for medical reasons only (not cosmetic, sports or snoring related)
- braces and plates
- implantation of teeth
- bacteriology assay.

The following are **excluded** under Southern Cross' dental benefit:

- bleaching or whitening of teeth, as these are forms of cosmetic treatment
- sundries such as dental floss, mouth guards and toothbrushes
- dental veneers, as these are cosmetic
- dental treatment provided at a public facility.

In order for claims to be paid under your dental benefit, dental practitioners and dental hygienists must be registered with the Dental Council of New Zealand, and Oral Surgeons must be registered with the Dental Council of New Zealand or the Medical Council of New Zealand.

Please note that dental treatment performed by an Oral Surgeon is covered under the dental benefit.

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If you have any questions or would like more information, contact us at [southerncross.co.nz/contact](https://southerncross.co.nz/contact)