

Eligibility criteria for the removal of submucosal fibroids and uterine polyps using hysteroscopic-guided myomectomy and polypectomy

Southern Cross will only reimburse the cost of the removal of submucosal fibroids and uterine polyps using hysteroscopic-guided myomectomy and polypectomy under a member's policy when either criterion **1** or **2** below are met for that member.

1. The following indications (i., ii., and iii.) are all present:
 - i. abnormal uterine bleeding is present and is unresponsive to medical treatments.
 - ii. when the fibroid(s) is **one** of the following:
Type 0 submucosal fibroid over 1 cm in diameter
or
Type 1 submucosal fibroid.
 - iii. the pre-operative trans vaginal sonography (TVS) demonstrates that more than 50% of the submucosal fibroid(s) project(s) into the uterine cavity.
2. For the removal of endometrial polyps when abnormal uterine bleeding is present and is unresponsive to medical treatments.

Please also ensure you are familiar with all **policy exclusions**, including:

- Acute care
- Congenital conditions
- Cosmetic treatment/procedures
- Health screening
- Treatment of any condition not detrimental to health
- Unapproved healthcare services.

Refer to the relevant policy document for specific conditions and exceptions that apply to these exclusions.