

## Eligibility criteria for gastroscopy

Southern Cross will only reimburse the cost of a gastroscopy under a member's policy when at least **one** of the following criteria is met for that member.

1. At least **one** of the following signs or symptoms suggestive of a condition of the upper gastro intestinal tract is present:
  - unexplained anaemia
  - haematemesis or melaena
  - persistent indigestion
  - epigastric pain
  - persistent vomiting
  - dysphagia (difficulty in swallowing)
  - coeliac disease, or
  - laryngopharyngeal reflux.
  
2. At least **one** of the following conditions has previously been diagnosed and requires ongoing monitoring:
  - Barrett's oesophagus
  - hiatus hernia
  - oesophageal diverticulum or pouch
  - stomach or oesophageal cancer
  - gastric or duodenal ulcer
  - gastro-oesophageal reflux disease (GORD), or
  - gastro intestinal stromal tumour (GIST).
  
3. For diagnostic confirmation when at least **one** of the following apply:
  - an abnormal barium swallow or barium meal, or
  - a lesion seen on radiological study that requires biopsy.
  
4. For treatment of a previously diagnosed condition when at least **one** of the following apply:
  - dilatation or stenting of an oesophageal or gastric stricture, or
  - polypectomy for gastric polyps.

Please also ensure you are familiar with all **policy exclusions**, including:

- **Acute care**
- **Congenital conditions**
- **Cosmetic treatment/procedures**
- **Health screening**
- **Treatment of any condition not detrimental to health**
- Unapproved healthcare services.

Refer to the relevant policy document for specific conditions and exceptions that apply to these exclusions.